

A socially distanced spring BBQ – Victoria Day Weekend.

With the May long weekend coming up you may be looking for a few ways to infuse your socially distanced weekend with some fun times and tasty food. I hope these recipe and activity ideas help your family have a wonderful long weekend. They are centered around a family barbecue or picnic together. I've included recipes for one meal and some ideas to make the meal feel festive.

Fun ideas to serve your Victoria Day meal:

- Have a picnic in the back yard on an old blanket
- Enjoy some family time with a BBQ dinner on your deck or porch.
- Decorate the table with fireworks placemats – a fun craft for young children to do on the long weekend. Try one of these fun options. 😊
 - <https://www.icanteachmychild.com/shaving-cream-fireworks/>
 - <https://www.learning4kids.net/2015/12/27/painting-fireworks/>
 - <https://iheartcraftythings.com/fourth-of-july-fireworks-craft.html>

Recipes:

Side: <https://www.lentils.org/recipe/lentil-asparagus-salad/>

Main Course: <https://pulses.org/nap/recipe/better-hamburger-beef-bean/>

Beverage: Try one of these fun fruit infused water recipes
<https://www.tasteofhome.com/collection/infused-water-ideas/>

Dessert: Fruit kabobs, (for younger children you can use straws instead of skewers for safety). Gather a variety of fruits (whatever you prefer, can find at the shop or have on hand) and cut into ~1/2 inch cubes. Or you could add another fun element by using fun shaped cookie cutters to cut soft fruits into fun shapes. Then encourage your kids to help you make rainbow fruit kabobs. Simply slide different fruits onto a skewer or straw, whichever is age-appropriate.

Wishing you all a happy and healthy long weekend!